

PRESS RELEASE
21 July 2010
For immediate release

Rayleigh teenager's mental health film message gets a national audience

An Essex teenager's film about youth depression had a national screening tonight (Weds) when it was performed at a major showcase event streamed live on itv.com.

Fiona Malpass, 19, from Rayleigh, is an ITV Fixer and was invited to show her film *Suffer In Silence* as part of *The Big Fix Live!* held in London's glitziest studios in front of a live audience of 650.

The Big Fix Live! (7.30pm-9pm, Wednesday 21 July) was a unique event which, like ITV Fixers the award-winning campaign behind it, doesn't fit neatly into any handy pigeonhole or charitable cliché. Nevertheless, celebrities who have lent their support to the Fix include Stephen Fry, Alan Carr, John Barrowman and Brooke Kinsella.

Produced to celebrate the second anniversary of ITV Fixers, the 90-minute live show was presented by Donal MacIntyre and Natalie Pinkham. A lively mixture of chat, video, and live performances, The Big Fix Live! gave the spotlight to some of the toughest issues affecting young Britons today, including knife crime, abuse and homophobia.

Fiona, who had never been to a television studio before, said:

"It's been really exciting, it's just an amazing opportunity, and it's just so interesting to see how it all works, and it's so nice to see so many other young people who are doing positive things. It's good to be here and spread the message of the project."

Becoming an ITV Fixer has given her the opportunity to spread a positive message with her film, she added.

"It's really spread the message about mental health awareness. It's been really positively received, and if it hadn't been for ITV Fixers I wouldn't have been able to do it, so I'm really glad I had the chance to work with them on it."

Presenter Donal MacIntyre, who like most of the professionals working on the Big Fix Live has given his time freely to the event, says:

"Big Fix Live! is a crazy mix of the glossy and the gritty, and a creative collision between showbiz and grassroots action. We really pulled it off on the night and really celebrated the work of ITV Fixers all over the country.

"Entertainment these days is so often about competition and pitching one young person against another. What we have done here is the polar opposite of that - there's no auditioning, no hype. Yet the talent is there in abundance. Everyone working together helped out to make the whole event a big success."

Margo Horsley, chief executive of the Public Service Broadcasting Trust, which created ITV Fixers, says the event is the culmination of two years hard work getting the Fixers campaign established throughout the country.

"It started as a simple idea in 2008 when we offered young people in the ITV Meridian and West regions the opportunity to have their voices heard on the issues they felt strongly about. We now have some 3000 young Fixers and over 400 projects nationwide, and it's still growing. The opportunity to have a prime time news platform on ITV Regional News for their concerns has given these young people such a boost. Young people having a voice in over 12 hours of airtime not only changes perceptions of young people but also open doors; suddenly their opinions are valued and they discover they have the power to change things for the better. With some 150,000 hours of effort already put into their projects Fixers are fast becoming a force for change.

"Our Fixers have won awards and recognition for their work all over the country. It seems to me that ITV Fixers are showing how the big society works; young lives are being transformed because they

have the chance to do something meaningful with the added bonus is that it changes things for lots of other people too. One young woman who suffered from mental health problems was too scared to leave the house when she became a Fixer. Now she's about to start a medical degree. In the process she also changed the hearts and minds of local employers about giving people with mental health problems a job. The confidence boost that being an ITV Fixer can bestow is priceless and I hope the 'Fixers effect' will stay with these people for the rest of their lives."

Ends

Notes for Editors

- The Big Fix Live was streamed live on www.itv.com from 7.30pm to 9pm on Wednesday 21 July and is now available on demand at www.itvfixers.com.
- *ITV Fixers with vinspired.com is a major campaign created by the Public Service Broadcasting Trust, giving young people between the ages of 16-25 the opportunity to tackle any issue that they feel strongly about. What they choose to do is up to them as long as it benefits at least one other person.
- The Fixers are given all the resources they need to make their chosen project a success, with creative help from media professionals to make their own promotional material, from DVDs to websites. Support is on hand for the duration of the project and a broadcast production team produces features about the Fixes for ITV regional news.
- In July 2010, ITV Fixers was named "Best TV portrayal of young people" in the Positive Image Awards. More info at www.positiveimagesawards.tv.
- The Public Service Broadcasting Trust is a charity that brings together mainstream broadcasters, public and voluntary sector services, and viewers.
- v, The National Young Volunteers' Service aims to inspire a new generation of volunteers (aged 16-25) across England. It does this by creating a diverse range of volunteering opportunities to help young people take action to improve lives, communities and the planet.